

HRG Community Resource Guide

www.HRGCommunityNews.com

VER.:Sep-Nov. 2017-online

Fall is here



Also in this issue:

- H.A.R.T. RECOVERY PROGRAM :
- MAHWAH, LYNDHURST & PARAMUS-
- Contact the town's Pd.

JOIN US ON FACE BOOK

www.facebook.com/HRG.Resources.News/

OUR MAIN ONLINE NEWS PAPER:

www.HrgCommunityNews.com

(w/ free resources link)

Person of the Year: Michael Augustowicz, who we tragically lost this year.

He was an advocate for BRMC, H.I.P. and the people of Bergen! Read below...

Our Blog:

Resources for homeless/low income.

**Where to get FREE Services,
Clothing, Food, Meals.**

Free events in Bergen County!

WWW.hrgmediaorg.wordpress.com

Call: 201-357-0828 Fax: 201-883-9366

All Resources can be found online

[**Editor@HrgCommunityNews.com**](mailto:Editor@HrgCommunityNews.com)

#IfItsFreeIts4MeThisWeek

NEW

*****NEW***** Here is what you can do Starting Wednesdays from 9 a.m. and 5 p.m. The H.A.R.T. program allows anyone who needs to start recovery from addiction to go to Paramus police dept located at: 1 Carlough Drive, Paramus, NJ 07652 (201)262-3400. What happens is you will meet with a specialist and a specialized police officer to receive resources and treatment options if you have personal use amount of drugs on you; you can turn them in and no charges would be filed. If you have a warrant they will assist you in clearing them up. If a friend comes in with you they fall under the good Samaritan law so people worried about bringing someone in who has personal amounts of drug on them do not have to worry about a possession charge! Don't wait! get into treatment today! you can also turn in drugs today at the Paramus police dept (*personal use amounts). **MAHWAH, LYNDHURST & PARAMUS! Contact the town's Pd.**

IS YOUR TOWN STIGMA FREE??

MENTAL HEALTH SERVICES:

Many towns in Bergen County have passed resolutions to become Stigma Free. If your town wants to get involved in the program or find out what it is about, please call:

Michele Hart-Loughlin, Program Coordinator 201-634-2745

Bergen County Department of Health Services Division of Mental Health

One Bergen County Plaza 4th Floor Hackensack mhartlo@co.bergen.nj.us

<http://www.co.bergen.nj.us/index.aspx?NID=1242> If you have a mental illness and you have legal needs; you have rights! Bergen County Mental Health Law Project **One**

Bergen County Plaza 4th Floor Hackensack Phone: 201-634-2762



Bergen County Housing Health and Human Services Center



(Homeless shelter) Located at 120 South River Street
Hackensack 201-336-6475.

The Bergen County Homeless Shelter offers a wide variety of services for all of our homeless and low income community....

If you want to know what services there are out there that you might qualify for, they have a very knowledgeable staff that can direct you. **Next Step**- where you can get a wide variety of resources and programs that might fit your needs. Many organizations are there to help with your needs in our community.

How to appeal for shelter

Discharged from shelter for behavioral issues?

- Denied for shelter or were discharged? Request a meeting with Coordinator for Program Services by calling 201-336-6475.
 - Not satisfied with the meeting with the Coordinator for Program Services? Contact the Center Director to schedule an appeal with the Center Director.
 - Not satisfied with the meeting with the Center Director? Contact the Housing Authority of Bergen County's Executive Director
- Denied shelter admission-or discharged**-Call the Program Manager of Next Step- and request a meeting. Not satisfied with the meeting with the Program Manager? Contact the Director of the Shelter at 201-336-6475.

- Not satisfied with the meeting with the Director of the shelter? Contact the Coordinator for Program

Services and ask for an appeal at 201-336-6475.

- Not satisfied with the meeting with the Coordinator for Program Services? Then you need to contact the Center Director by calling 201-336-6475. Not satisfied with the meeting with the Center Director? Then you need to contact the Housing Authority of Bergen County's Executive Director

GRIEVANCE/APPEAL PROCEDURE

Steps for the Appeal Process:

If an individual is not accepted for shelter or has been negatively discharged, they may appeal this decision as follows:

- For individuals denied shelter admission or discharged from the shelter on a clinical basis they should contact the Coordinator for Program Services and if the issue is not resolved they should contact the Center Director and finally the Housing Authority of Bergen County.
- For individuals who are denied shelter admission or discharged from the shelter for all other reasons should contact the Program Manager and if the issue is not resolved they should contact the Shelter Manager and if the issue is not resolved they should contact the Center Director and finally the Housing Authority of Bergen County.



We have a great **Board of Chosen Freeholders** that really want to help the residents of Bergen County. If you have any concerns the public open session meetings are usually on Wed. 7:30 pm @ One Bergen Plaza, or call and make an appointment: 201-336-6526. <http://www.co.bergen.nj.us/index.aspx?NID=470>

Freeholder Board Representation and Committee Liaisons

BC Housing Authority Liaison: Ortiz Workforce Development: Zur
Bergen Regional Medical Center: Zur Board Social Services: Amoroso and Zur
BC Economic Development Corp. (BCEDC): Zur New Jersey Legis: Voss and Zur
Community-Action (GBCA): Amoroso and Ganz Human Services Chair: Voss,
Amoroso and Ortiz ***More will be on the Freeholders web site.***

PROBLEMS WITH ANY AGENCY YOU MAY CONTACT hrg_mediagroup@yahoo.com

 **FREE LUNCH** AT SENIOR CENTERS SUGGESTED \$1.25 DONATION

United Senior Activity Center, 101 Hudson Street, Hackensack

(201) 336-3320

MLK Jr. Senior Center 375 1st St, Hackensack

[\(201\) 342-2654](tel:(201)342-2654)

Note: Free Transportation-Bergen County Transportation

Bergen County Community Transportation- 178 Essex St, Lodi, NJ 07644 (201) 368-5955

Anyone in need call: (973) 772-469



VFW Post 2867 Garfield



Notice: The River Homeless Mission moved to Second Reformed Church -

Corner of Union and Anderson St (by Anderson Park), Hackensack **Tues: 11-2

Wed. Bibles and bagels 6 pm and Sunday night 6 pm Worship Service, Community Dinner, Free clothing and other essentials! Check them out!



Center for Food Action

Center For Food Main location 192 W Demarest Ave (201) 569-1804 Open until 5:00 AM
316 1st St., Hackensack (201) 883-9375 call for all locations

BABY PANTRIES

FATHER ENGLISH 435 MAIN ST, PATERSON NJ MON-FRI (973) 881-0280 NEED ID & BABY

LIGHTHOUSE 809 MAIN ST, HACKENSACK MON-FRI 9-4 (201) 501-8876

BABY BASICS PARAMUS MON-FRI (201) 261-2800 CFA- Refer - information area

FREE CLOTHING

RIVER MISSION Tu.-11-2 Wed.-6pm Sundays 6pm – 8pm, Second Reformed Church Hackensack

CHURCH EMMANUEL Thursday at 7pm and Sunday at 10am 34 Van Wattering Pl.,

Hackensack - across from the shelter on South River Street **TRANSITION PROFESSIONALS- X-OFFENDERS** 269

Passaic St. Hackensack **HOPE for X-Offenders-** Food and clothing-259 Passaic St Hackensack

FREE MEALS

****NEW**Ebenezer Church**-169 Hudson St. Hackensack **Saturday 8-10 am FREE BREAKFAST**

**** SCHEDULE FOR THE VARACK/NEW HOPE CHURCHES FREE LUNCHESES!**

Varick Church on Atlantic St. (across from Friendship House)-Even month's 3rd Saturday-11:30

New Hope Church (next to CFA on 1'st St.)-Odd months-12:00 3rd Saturday

CHURCH ON THE GREEN WED MASS & SNACKS BAGELS Wednesdays 6pm-7 pm

CHURCH ON THE GREEN SUNDAY MASS & Dinner Sundays 6pm-7pm

TRINITY CHURCH BREAKFAST -8:00am-1st Saturday of the month 218 Passaic St, Hackensack

TRINITY CHURCH LUNCH 11:30am 2nd Saturday of the month 218 Passaic St, Hackensack

CHURCH EMMANUEL Thursday at 7:00PM and Sunday at 10:00am

34 Van Wattering Pl, Hackensack - across from the shelter on South River Street

FAMILY PROMISE OF BERGEN COUNTY DAILY AT 5:00PM 120 South River Street, Hackensack

Mount Olive- Central Ave- 4th Sat. of month 11 am

Church Emanuel- 34 Van Wattering Pl. Hackensack Thurs.-7:30 mass free

Dinner & Clothing Pantry Sunday-10:30 mass, free dinner, and clothing pantry

Bergen County Meals on Wheels Program: 201-336-7420; Fax: 201-336-7436

Home delivered Meal Programs serving Bergen County Residents call to see if you qualify

FOOD PANTRIES

Bogota- Saint Joseph's Church 115 E Fort Lee Rd (201) 342-6300 food pantry: Kristina (201) 390-0867

Cliffside Park -Church of the Epiphany RC 247 Knox Ave (201) 943-7320

Fair Lawn- Saint Anne's Church 15-05 St Anne St (201) 791-1616 ask for Lenora

Garfield/Lodi -St. Joseph Church 8 St. 40 Spring Street Lodi, NJ Tel. 973-779-0643
(St.Teresa of Avila, Doctor of the Church; Spiritual Maxims #65). Serves: Mon 10-12 Hackensack-

1ST BAPTIST CHURCH. EMERGENCY FOOD CALL FIRST 487-1244 ANDERSON PARK

BUDDIES CALL (HIV POS.) M-F 9-5 149 HUDSON STREET HACKENSACK

Mt. Olive 2'nd &4'th Th. 10-12 Central avenue Hackensack

Holy Trinity Church 2'nd Sat. & 4'th Pangborn St. Hackensack CFA-call 201-343-6543 M-F

Little Ferry -ST MARGRET's 3'rd wed of mo. liberty ST

Leonia -St. John the Evangelist Church 235 Harrison St. Must set up with Boro Hall to register, then they will set up an appointment with St. John's (201) 947-4545 by appointment residents

No. Arlington/Lyndhurst- Queen of Peace Church Sat. 8:30 am 200 Ridge Rd, No. Arlington (201) 991-0235

New Jersey Food and Clothing Rescue Food delivery

<https://www.facebook.com/njfoodclothingrescue>



Passaic: St. Maria of Paris Food Pantry- 200 3rd St. ** Must call FIRST!!**

(201) 747-8706 must be Garfield/ Passaic residents; must show proof (photo id.) of income and expenses (SSI, EBT, USF/leap) **MUST CALL FIRST**

Passaic County food pantries for Bergen County Residents

Emergency Basis-CUMAC is closed on Fridays. Phone: 973.742.5518 Office Hours: Mon - Fri: 8:30am - 4:30pm Food Pantry: Mon: 11am - 2pm Tues - Fri: 9am - 2pm

Surrounding Ridgewood is: Social Services of Ridgewood, NJ Social Service Assoc. Basic financial assistance. 6 Station Plaza, Ridgewood NJ, (201) 444-2980 www.ssa6.org/



PET PANTRIES

ANIMAL ORG PET NEEDS 63 N. WASHINGTON AVE BERGENFIELD (201)768-0200

<http://www.clawsadopt.org> and animal shelter has free food***

****NOTE: If you are homeless and you have pets, CLAWS might be able to help!**

In some cases, Bergen County Animal Shelter can house your pet while you are at

**"The Center". Bergen County Animal Shelter 100 United Lane Teterboro,
Teterboro, NJ 201-229-4600**



The Bergen County Mental Health Board Meeting is once a month from 6-7 pm at the above address. All are welcome! Call for details 201-336-7000

What is a Freeholder? And which Freeholder is assigned to what agency?

They advocate for the residents of Bergen County...

Mental Health Agencies and Housing:

Comprehensive Behavioral Healthcare, Inc. -201-646-0333

CarePlus NJ, Inc. - 201-986-5000

Vantage Health System- 201-567-0059

West Bergen Mental Healthcare- 201-485-7172

Advance Housing – 201-498-9140 CSP of NJ 732-780-1175

****Note On Our Own Wellness Center will be opening their Hudson Street location in Hackensack soon! Keep in touch!**

Towns that are not Stigma Free can contact: Michele Hart-Loughlin, Program Coordinator for the Bergen County Dept. Of Health Services, Division of Mental Health One Bergen County Plaza, 4th Floor, Hackensack. 201-634-2745

mhartlo@co.bergen.nj.us

Veteran Services

- **BERGEN COUNTY Division of Veterans Services:** One Bergen County Plaza, 2nd Floor, Hackensack NJ 07601 (201) 336-6325 <http://www.co.bergen.nj.us/veterans>
- **North Hudson Community Action Corporation SSVF Program | NHCAC** 6th floor, Urban Plaza Building, 25 East Salem Street, Hackensack (201) 320-0816
- **Catholic Charities** Paterson-1-855-sos-VETS 973-399-1333 M–F 9:00-5:00
- **Head Strong** PTSD/ADDICTION/DEPRESSION COUNCILING 201-783-4918
- **Soldier On Veteran Services-** 413-533-2941-**NY/NJ Soldier On** 866-406-8449
- **Community Hope Veterans Services** Garfield NJ- Phone: (973) 463-9600 or 855-483-8466-SSVF HOTLINE
- **VA Hackensack Clinic** 385 Prospect Ave Hackensack (201) 342-4536
- **Veterans Crisis** confidential toll-free hotline, call 1-800-273-8255 & Press 1, Support <http://www.veteranscrisisline.net/>



FREE BERGEN COUNTY VETERANS / COLUMBIA U. HORSE THERAPY STUDY:

The Cohen Veterans Center at the NYU Langone Medical Center is seeking Veterans diagnosed with depression, or experiencing the following symptoms:

Feelings of sadness, tearfulness, emptiness or hopelessness

Eligible participants may receive compensation up to \$515.00 for their time and effort, with additional compensation available for travel expenses.

Call for all info

No treatment or drugs are given. To participate, please call Research at: 877-698-3299

OPIATE ADDICTION IS IN THE FOREFRONT PLEASE CALL FOR-HELP IF NEEDED!



Supported BCPO: BC OADD, The Center for Alcohol & Drug Resources: 336-3310 OADD:

Mentorship Program looking for Recovery Coaches/Volunteers for SUBSTANCE ABUSE PROGRAMS

Addictions Hotline -Bergen County Office of Alcohol and Drug Dependency – 201-634-2740 Website:
<http://www.co.bergen.nj.us/index.aspx?NID=344> Office at 201-634-2740



Volunteer with the Recovery Coach Academy

The Bergen County Recovery Coach Academy was developed to enlist former opioid users who are living a life of recovery and want to volunteer as Recovery Coach Peer Mentors. These Volunteer Coaches will support individuals who have overdosed on opioids and are brought to the hospital Emergency Room after having been revived with Narcan administered by the police. This new program is seeking volunteers who are at least 6 years in recovery, have a sponsor, and have been through The 12 Steps 2 times, and are willing to meet survivors at the hospital to engage in a conversation about recovery. Survivors will voluntarily meet with our Coaches who understand the complexity of their addiction to opioids and can connect them to resources that can support recovery and end the “revolving door” of emergency room post-hospitalization. Contact Chanel Dupree, 201-740-7069 TheCenter@cafnsj.org

Important Phone Numbers:

NJ Bureau of Vital Statistics: 609-292-4087 -Fax 609-943-3126

Dept. of Social Security: 866-964-4680

Surrogate Court: 201-646-2252 (for adoption- records to obtain id's)

Logistic-Care: 866-527-9933

F O I A 800-375-5283

One Bergen County Plaza main line- 201-336-6000

****Bergen County homeless hotline** 1-888-323-7436 24/7

****BC Homeless prevention hotline** 201-336-6490

HRG Resource Guide 206-350-7769

BC CAP Weatherization Assistance Program and USF / LIHEAP 316 State St., Hackensack- 201-488-5100 You may qualify to have your apartment / place of residence weatherized for maximum energy efficiency!

NJTransit has a Disabled/Senior Single Trip Ticket Reduced Rate Program: NJT-973-275-5555

Bergen County Mental Health Law Project at One Bergen Plaza 4th floor Ph: 201-634-2762 If you have a mental illness and you have legal needs; you have rights!

Bergen County Board of Social Services

218 Route 17 N. Rochelle Park, New Jersey Tel 201-368-4200

Hours: Weekdays 8:00 am thru 4:30 pm (Tuesday's until 8:00 pm)

Services: Food Stamps, General Assistance, TANF, Family Care

Note: If you can and if you need to apply for EBT, try to do the online app. This way you are in the system when you have to go over there- <https://oneapp.dhs.state.nj.us/>

Care Plus www.careplusnj.org 610 Valley Health Plaza, Paramus, NJ 07652 (201) 265-8200

Mental Health housing help ICMS

CBH Care: 395 Main Street, Hackensack - they help people with mental illness.

PATH program helps mentally ill find housing & other things.

(201) 646-0333 various resources for counselors, therapists, doctors, etc. <http://www.cbhcare.com/>

****Center for Hope and Safety** (Formerly Shelter our Sisters)

Battered Woman's Shelter is in Hackensack phone # (201) 498-9247

If you or you know woman that is abused you can call their new number:

(201) 498-9247 or (201) 944-9600

Domestic Violence Advocate / Organization: CELEBRATING 6 YRS!

Never Alone Again Resource Center

Interested in our services? Phone: 201-281-7295 or 201-289-1718 Email: neveralonagain@aol.com

NOTE: N.A.A.G. seeks donations to help mothers with children in need.

****NOTICE: Buddies of North Jersey** 149 Hudson Street Hackensack NJ is offering FREE MC DONALDS gift cards for anonymous HIV testing drop by or call for information. www.njbuddies.org/

Heightened Independence & Progress (HIP) in Bergen County and in **Hudson County** assists people with disabilities and those with handicap needs - Call Hackensack Location (201) 533-4407

Senior Center: 101 Hudson Street, Hackensack-Everything for seniors 60 and over you can check out our website for their information or call at: (201) 336-3322

Family Promise of Bergen County has played a pivotal role in serving thousands of Bergen County's most vulnerable citizens - homeless, hungry & needy families and individuals.

Contact Executive Director, Kate (201) 833-8009 <http://www.familypromise.org>

BCCAP has many programs available in our community of Bergen County. <http://greaterbergen.org/>
241 More St. Hackensack NJ

Ladder Project- -201-342-8469 -ACES project- 201-968-0200

ETC CAP'S Garfield location 973-685-0005 ext. 1050- Cap's Head Start Program-201-968-0200

Housing information: <http://fairhousingnj.org/> **The Fair Housing Council:** 131 Main Street #140 Hackensack- Offers clients expert housing & financial counseling. This includes in-person and telephone counseling, housing referrals Homelessness Prevention Counseling

New Resources for Native American Indians:

Ramapough Lenape Community Center 189 Stag Hill Rd

Mahwah, NJ 07470 201-529-1171 <http://www.ramapoughlenapenation.org/>

NJ American Indian Affairs: http://www.nj.gov/state/programs/dos_program_njcaia.html

Government sponsored **free phones**-Lifeline Assistance, low income cell phone

<http://www.assurancewireless.com/>

<https://www.reachoutmobile.com/>

https://www.safelinkwireless.com/Safelink/enroll_lifeline

Homeless Shelters and Halfway Houses:

(Some of the shelters we will only list a phone number and not the address)

Shelter Our Sisters: Emergency Shelter Program, 201 498-9247

This program offers safe and confidential housing 24/7, as well as basic needs for women and children as they escape violence. A variety of services are provided: therapeutic counseling, case management services, court and legal assistance, advocacy, community resource referrals, job and housing searches & outreach.

Family Promise Bergen Working family shelter- 201-833-8009

Homeless and Pregnant Teens:

- **Conklin Youth Shelter Teterboro** (201) 336-3953 200
- **Lighthouse** 809 Main St Hackensack, NJ (201) 501-8876
- **PHASES (BCCAP)** (201) 489-6586 in Hackensack
- **Covenant House** (800) 999-9999
- **Zoe's in Teaneck** (973) 458-1007 - or
 - Ramsey hotline (800) 662-2678 (888) 323-7436

Family Shelter:

Call Social Services (201) 368-4200 (You must be receiving TANF benefits).

BC Homeless Shelter: (201) 336-6475

If you cannot get into a Bergen county shelter you can try some of the Paterson's shelters and some programs that can help:

Eva's Village (Main Facility) 393 Main St Paterson, NJ (973) 523-6220

Eva's Men's Shelter 389 Main Street Paterson, NJ (973) 247-0143

Eva's Women's Shelter Jackson Street Paterson, NJ (973) 279-1004

Eva's Hope Residence for Mothers and Children Women's Shelter

25 Jackson Street Paterson (973) 742-2302

Family Promise of Passaic County Director Catherine S. Bocard

PO Box 1588 Passaic (973) 928-6007

Halfway Houses

The Ladder Project for Men Hackensack - Substance Use Program (201) 342-0029

Spring House for Women Paramus - Substance Use Program (201) 261-3582

Teen Challenge – Substance Use Program –

Contact Church Emmanuel at 34 Van Wetering Place Hackensack for information.

If you are in Bergen County NJ and are homeless and need shelter for tonight, call the Bergen County Homelessness Prevention Hotline at 888-3-Bergen.



Notice: The River Homeless Mission Second Reformed Church -

(by Anderson Park), Wed. Bibles and bagels 6 pm and Sunday night 6 pm Worship Service,

Community Dinner, Free clothing and other essentials! Check them out!



Achieve with us.

Address: 223 Moore St, Hackensack

Phone: (201) 343-0322



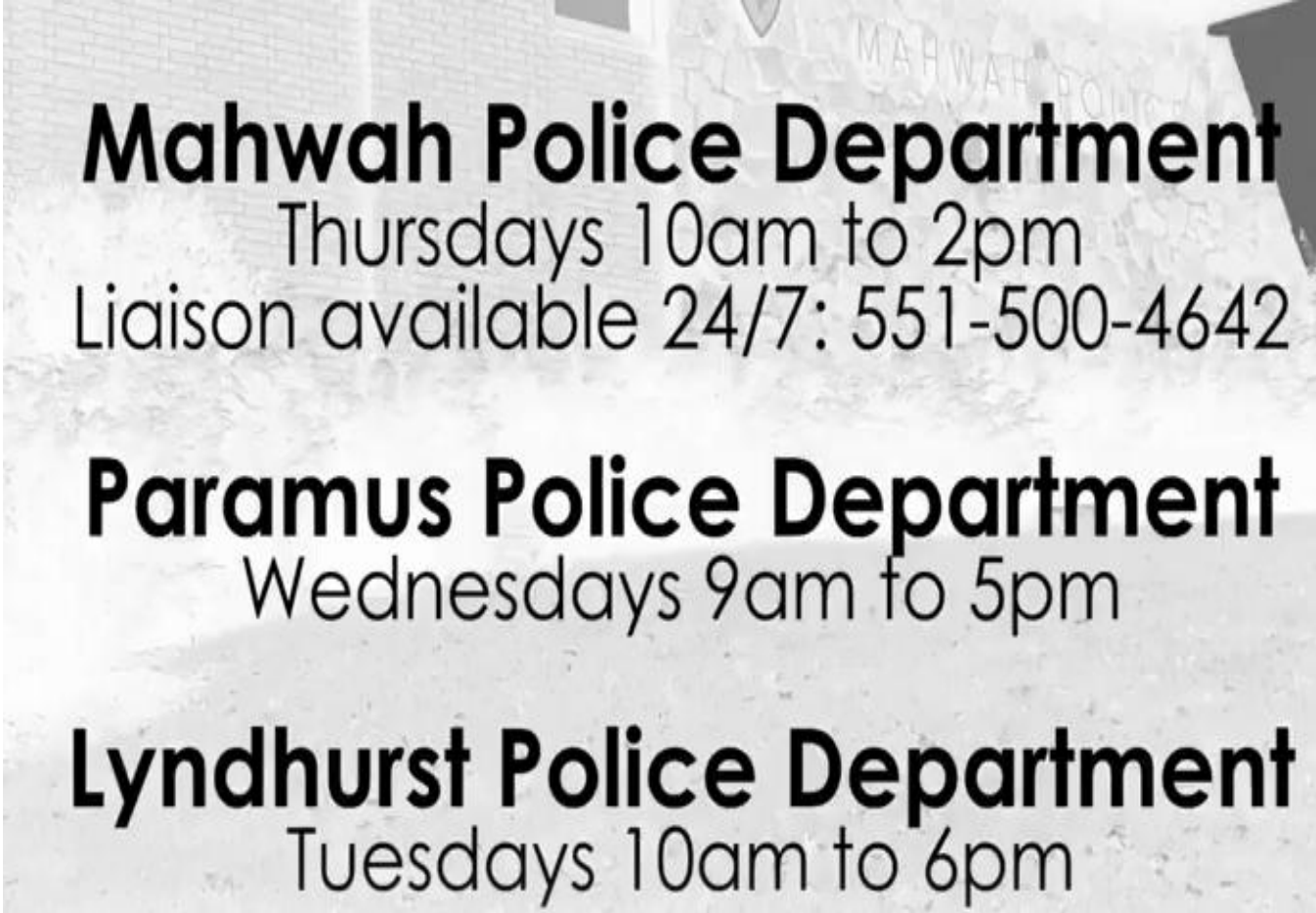
Friendship House njfriendshiphouse.org

125 Atlantic St, Hackensack (201) 488-2121



**CHESS CLUB FREE Transition Professionals call Anthony for details 201-362-7247
269 Passaic Street Hackensack NJ 07601**

H.A.R.T. Program (Heroin Addiction Recovery Team)
There is help!-Recovery starts today!No hassle



Mahwah Police Department

Thursdays 10am to 2pm

Liaison available 24/7: 551-500-4642

Paramus Police Department

Wednesdays 9am to 5pm

Lyndhurst Police Department

Tuesdays 10am to 6pm

You can check out our online newspaper:

Join us- Facebook for daily updates in our Community: www.facebook.com/HRG.Resources.News/

HRG Bergen: <http://homelessresourceguidenewsorg.zohosites.com/>

HRG Passaic: <http://hrgresourceguideofpassaiccounty.zohosites.com/home.html>

HRG Hudson: <http://hrgresourceguideofhudsoncounty.zohosites.com>

Please join us and “LIKE” us on Facebook



At our interactive Facebook page you can find resources and ask our FB Family questions and get answers for resources that you might need! Check us out and interact. We want to make all of our communities a better place! We have a resource guide online with over 3,500 free resources in Bergen, Hudson, Passaic and Union Counties and soon Mercer County!

All the resources -free clothing, food, shelters and other free things and events in your area are listed, so please join us on Facebook- www.facebook.com/HRG.Resources.News/

Any questions, email us @ Editor@HrgCommunityNews.com & we will send you our Facebook link. Thank you for using the free resources for any information about us on any social media

WWW.HrgCommunityNews.com

Anything in this guide that might be incorrect or if you have any comments, concerns or questions please feel free to call us 201-357-0828 fax-201-883-9366 or email us @ hrg_mediaqroup@yahoo.com

